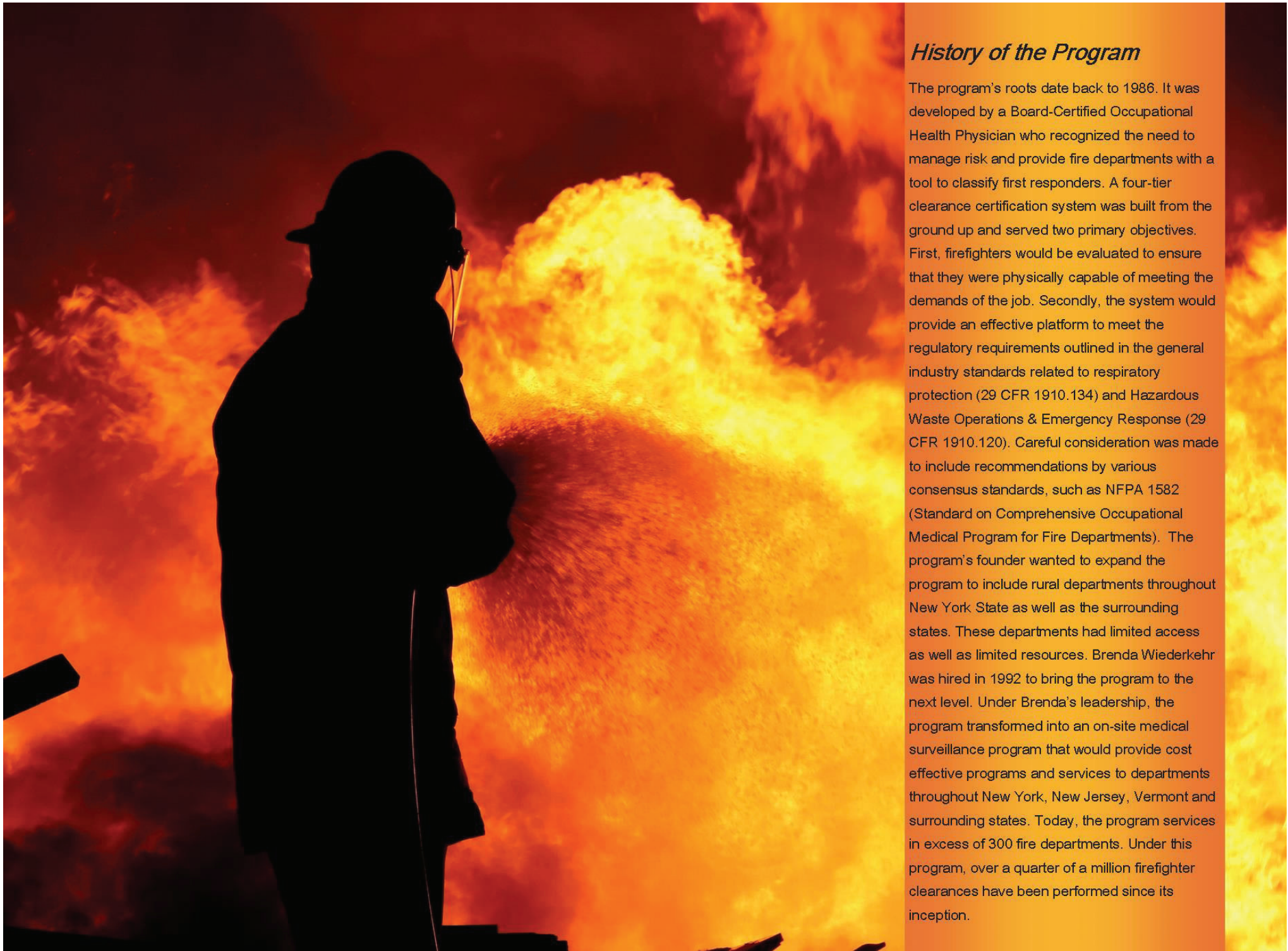




**Woman Owned
Veteran Owned**



**Our mission is to provide a cost effective
medical program for first responders,
that insures regulatory compliance,
quality and convenience to the fire
departments we serve.**



History of the Program

The program's roots date back to 1986. It was developed by a Board-Certified Occupational Health Physician who recognized the need to manage risk and provide fire departments with a tool to classify first responders. A four-tier clearance certification system was built from the ground up and served two primary objectives. First, firefighters would be evaluated to ensure that they were physically capable of meeting the demands of the job. Secondly, the system would provide an effective platform to meet the regulatory requirements outlined in the general industry standards related to respiratory protection (29 CFR 1910.134) and Hazardous Waste Operations & Emergency Response (29 CFR 1910.120). Careful consideration was made to include recommendations by various consensus standards, such as NFPA 1582 (Standard on Comprehensive Occupational Medical Program for Fire Departments). The program's founder wanted to expand the program to include rural departments throughout New York State as well as the surrounding states. These departments had limited access as well as limited resources. Brenda Wiederkehr was hired in 1992 to bring the program to the next level. Under Brenda's leadership, the program transformed into an on-site medical surveillance program that would provide cost effective programs and services to departments throughout New York, New Jersey, Vermont and surrounding states. Today, the program services in excess of 300 fire departments. Under this program, over a quarter of a million firefighter clearances have been performed since its inception.

How it works

The program is designed to make the process easy and efficient. Once a time and date has been scheduled, the paperwork, appointment times, location and all other details will be worked out. The advantage of our experience is the attention to detail.

On the day of the examination, a team of providers and technicians will arrive at your department. The staff will review the layout of your facility and set up processing stations, dependent upon the different services chosen for us to perform. Typical stations include hearing and vision, pulmonary function testing, respirator fit testing, electrocardiogram, blood and urine collection and medical physical examination. We will staff the team based on the number of firefighters we will be servicing.

Examinees will have their medical history forms completed and will be directed to the appropriate stations to complete their examinations.

The set up and take down times are typically 15 minutes each, and your facility is left as it was upon arrival.



Follow-Up

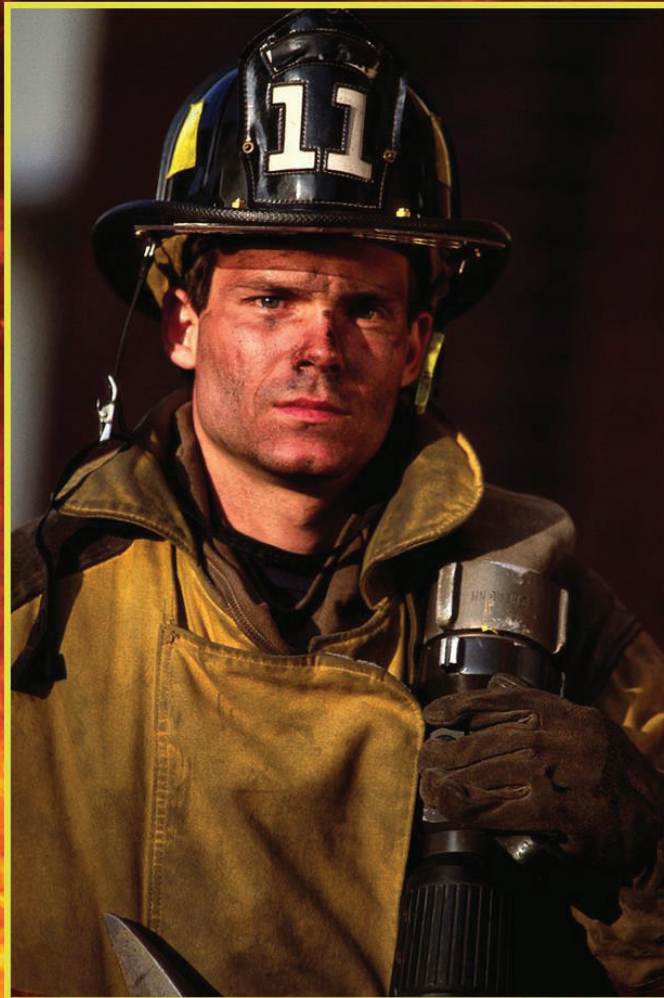
The team first processes and sends out any lab samples obtained. All of the medical documentation is sorted and bundled for our provider over-sight process. It is then sent to our team of providers, centralized in our main facility in the Capital District of

New York, to review all the information collected. Histories are reviewed, physical findings are noted, laboratory studies and electrocardiograms are interpreted. If needed, our providers will contact the firefighter and if appropriate, their personal physician, to either communicate important findings or to obtain necessary information. Once they have enough information, the

firefighter is classified into the Fire Fighter Duty Category. Once the review process is complete, the files are processed by our Data Processing center, which stores the complete data package for each firefighter. The reports are prepared for both the department and the firefighter, and sent out.

The staff of Access Compliance remains available for any questions or issues year round.





Firefighter Classification System

The Firefighter Classification system is a tool to be utilized by the department in determining health related capabilities for firefighting. It should be used by the department, in conjunction with other factors such as experience, need and observation in action, to determine appropriate assignment of the individual during department activities. The health status of a firefighter may change in the interval between examinations, which may affect fitness.

Class A Internal Structural Firefighter– No limitations on firefighting duties

Class B External Firefighter– One or more safety or health issues identified. The use of a respirator is limited to emergency conditions only in which the air may contain toxins. It is recommended that the use of a respirator be restricted to 30 minutes or less.

Class C Support Member– This classification is reserved for members who may work at the fire scene, but whose limitations in one or more categories would prevent them from engaging in any activities directly related to fighting the fire. (ex. Fire Police)

Class D Administrative/Social Members- Should not participate in any capacity at an active fire scene. They are limited to administrative and/or social activities.

Firefighting is one of the most strenuous occupations in the United States. It requires heavy lifting, crawling, climbing and wearing heavy equipment while performing these tasks, under an incredible amount of stress. According to the National Institute for Occupational Safety (NIOSH), over exertion and stress related cardiac issues pose the greatest risk to the firefighter. Year after year, statistics show that the majority of line of duty deaths (LODD) are the result of a heart attack.



With Access Compliance, you can depend on:

- Cost effective products and services
- Programs designed around the needs of your department
- On-site program implementation
(WE COME TO YOU !!!)
- Convenient scheduling options

Services Available On-Site Include:

- Firefighter Physical which includes Physical, Pulmonary Function Test (PFT) and Audio/Vision Testing
- Respirator Fit Testing (Quantitative or Qualitative)
- Electrocardiogram (EKG)
- Complete Blood Count (CBC), Chemistry, Urinalysis
- Vaccinations (Hepatitis B, Hepatitis B Titers, Tetanus, PPD/TB and Flu)
- Prostate Cancer Blood Test (PSA)
- DOT Certifications
- Hemoglobin A1C Screening
- Drug Screening

We are excited about our program and would consider it a privilege to service your department. The services we provide meet the standards set by NFPA 1500, 1582, 1001 and OSHA Regulation 1910.134. If you would like more information or have any questions regarding our program, please feel free to contact us at (800) 732-8004 or e-mail us at firejobs@accesscompliance.net.



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Veteran Owned Business

